

"Who's where" daily snapshot

When the household is reshuffling around treatment, this is who's covering what today. *Pin to the fridge each morning.*

TODAY

DATE

WHO'S AT THE HOSPITAL / CLINIC

WHO'S HOME WITH KIDS

WHO'S RUNNING ERRANDS / APPOINTMENTS

WHO'S WORKING TODAY

COVERAGE GAPS TO FILL

SCHOOL PICKUP

DINNER

PET CARE

MEDICATIONS / APPOINTMENTS

OTHER

TOMORROW PLAN

WHAT NEEDS TO BE CONFIRMED BY TONIGHT

This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.