

# Travel-with-wheelchair planner

Travel works with a wheelchair; it just needs more pre-planning. *Use for any trip beyond a day.*

## TRIP DETAILS

DESTINATION + DATES

MODE OF TRAVEL (AIR / CAR / TRAIN)

LODGING NAME + ACCESSIBILITY CONFIRMATION

## PRE-DEPARTURE

- Confirm wheelchair-accessible lodging in writing
- Confirm accessible transport (car / van / shuttle)
- If flying: notify airline 48+ hours ahead
- If flying: gate-check tag for chair, confirm aisle chair if needed
- Pack: chair maintenance kit (tire pump, basic tools, spare parts)
- Pack: cushion-cleaning supplies, extra cushion cover
- Pack: enough catheter / supplies for trip + 50% extra (if applicable)
- Identify nearest hospital / DME provider at destination

## DAILY-OUT PLANNING AT DESTINATION

- Map of accessible bathrooms
- Restaurants pre-checked for accessibility
- Pace planning — rest in afternoons
- Backup plan if equipment fails

*This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.*