

## Medical bill tracker

Medical bills arrive sporadically and from multiple providers. *Log them as they come. Reconcile against your EOBs (Explanation of Benefits) once a month.*

### BILL LOG

DATE RECEIVED	PROVIDER	SERVICE DATE	AMOUNT BILLED	INSURANCE PAID	PATIENT OWES	STATUS

#### TIPS

- Match every bill to its EOB before paying
- If amounts disagree, call the billing office before paying
- Negotiate — many hospitals have hardship programs
- Set up payment plans rather than putting on credit cards
- Keep bills in one folder, paid bills in another

*This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.*

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