

Holiday coordination during treatment

Holidays during treatment require pre-planning. *Use this 2-3 weeks before.*

THE HOLIDAY DAY

WHAT WE'RE DOING

WHERE WE'RE DOING IT (HOME, HOST, RESTAURANT)

WHO'S COMING

WHAT TIME WE'LL ARRIVE / LEAVE

PATIENT ACCOMMODATIONS

- Quiet room available for rest
- Bathroom proximity to seating
- Comfortable chair (not low couch)
- Patient food restrictions communicated to host
- Early-departure plan agreed in advance
- Host knows patient may not stay through the whole event

CONVERSATIONS TO PREPARE FOR

HOW ARE YOU / HOW'S TREATMENT — MY RESPONSE

TOPIC I DON'T WANT TO DISCUSS

WHO I'D LEAN ON IF IT GETS HARD

This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.

