

Fertility preservation: questions and decisions

Some treatments affect fertility. *If your team raised this, the timing is often urgent. Use this to organize the conversations with both your oncologist and a reproductive endocrinologist.*

QUESTIONS FOR THE ONCOLOGY TEAM

1. Will this treatment affect my fertility, and how?

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2. Is the effect temporary or permanent?

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3. How much time do I have before treatment must start?

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4. Are there modifications to treatment that preserve fertility?

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QUESTIONS FOR A REPRODUCTIVE ENDOCRINOLOGIST

1. What preservation options are available given my time and diagnosis?

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2. What's the cost, and what does insurance cover?

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3. What's the success rate?

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4. Are there programs (Livestrong, Heart Beat) that subsidize the cost?

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MY DECISION

WHAT I'M CHOOSING

WHY

NEXT STEPS AND TIMELINE

RESOURCES

- Livestrong Fertility — financial assistance and education
- ASCO patient guidance on fertility preservation
- Your oncology social worker can refer to local programs

This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.

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