

Mid-treatment follow-up: questions to ask

Mid-treatment appointments are where adjustments get made — based on labs, side effects, and how you're tolerating the regimen.

Bring this filled in. It saves the appointment from running on autopilot.

WHAT I WANT TO FLAG

SIDE EFFECTS THAT ARE WORSE THAN EXPECTED

SIDE EFFECTS THAT ARE UNEXPECTED ENTIRELY

BOTHERSOME BUT TOLERABLE

WHAT HELPED THIS CYCLE

QUESTIONS ABOUT THE TREATMENT

1. How is treatment going based on my labs / scans?

2. Does the plan change based on what I've reported?

3. What can I expect from cycle to cycle from here?

4. Are any of my side effects 'call us' issues vs. tough it out?

QUESTIONS ABOUT MY LIFE

1. Should I adjust work schedule / activity level?

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2. Anything I should add or remove from my routine?

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3. Mental health support — is now the time?

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This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.

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