

## Discharge information capture sheet

Hospital discharges happen quickly. The nurse explains everything; half of it is gone by the car. *Use this sheet to capture the essentials at the bedside. Have someone fill it in while you listen.*

### DISCHARGE BASICS

DATE OF DISCHARGE

DISCHARGING NURSE / DOCTOR NAME

PROCEDURE / REASON FOR ADMISSION

### MEDICATIONS GOING HOME WITH

MEDICATION	DOSE	HOW OFTEN	WHAT IT'S FOR

### ACTIVITY RESTRICTIONS

LIFTING LIMIT (LBS)

DRIVING — WHEN CAN I?

SHOWERING / BATHING INSTRUCTIONS

WOUND CARE INSTRUCTIONS

OTHER RESTRICTIONS

## FOLLOW-UP APPOINTMENTS

PROVIDER	DATE / TIME	PHONE	ADDRESS

## RED FLAGS — CALL RIGHT AWAY

SYMPTOMS REQUIRING SAME-DAY CALL

PHONE NUMBER TO CALL

AFTER-HOURS / URGENT NUMBER

*This sheet is for inspiration only. Always consult your medical team for guidance specific to your situation. Inspired Comforts is not a medical provider.*

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